

August 2024 Calendar
Telegroup Phone Number: 1-(720)-740-9050

\$\$ - Bring money for Social Outings, Red Groups can be done over the phone.

MON 9:30 – 4:30	TUE 9:30-4:30	WED 9:30 – 4:30	THU 1:00-4:00	FRI 9:30 – 4:30
			<u>1</u> Center Closed	<u>2</u> Texas Musical  4:00-11:00
<u>5</u> Consumer Programming <u>10:00-11:00</u> Five Finger Friendship Challenge <u>1:00-2:00</u> Art Class <u>2:30-3:30</u>	<u>6</u> Center Closed Via-Hope Core Training	<u>7</u> Center Closed Via-Hope Core Training	<u>8</u> Center Closed Via-Hope Core Training	<u>9</u> Meditation Group <u>10:00-11:00</u> Bowling & Burgers \$\$  <u>12:00-4:00</u>
<u>12</u> Beginner's Computer Class <u>10:00-11:00</u> Stages of Recovery <u>1:00-2:00</u> Art Class <u>2:30-3:30</u>	<u>13</u> Advanced Computer <u>10:00-11:00</u> Music Analysis <u>1:00-2:00</u> Social Media Safety <u>2:30-3:30</u>	<u>14</u> Friendly Concerns <u>10:00-11:00</u> Yoga <u>11:00-12:00</u> NOW SERVING LUNCH Agape Caring & Sharing <u>1:15 – 2:15</u> Art Class <u>2:45 – 3:45</u>	<u>15</u> Center Closed  Board Meeting <u>6:00-8:00</u>	<u>16</u> Center Closed 
<u>19</u> Beginner's Computer Class <u>10:00-11:00</u> Self-Compassion <u>1:00-2:00</u> Art Class <u>2:30-3:30</u>	<u>20</u> Advanced Computer <u>10:00-11:00</u> Movie Analysis <u>1:00-2:00</u> Self-Care <u>2:30-3:30</u>	<u>21</u> GED <u>10:00-11:00</u> Yoga <u>11:00-12:00</u> NOW SERVING LUNCH Agape Caring & Sharing <u>1:15 – 2:15</u> Art Class <u>2:45 – 3:45</u>	<u>22</u> Center Closed	<u>23</u> Housing Group: Shopping On a Budget <u>10:00-11:00</u> Braum's \$\$ Thrift Stores \$\$ <u>1:00-4:00</u>
<u>26</u> Newsletter Assembly <u>10:00-11:00</u> Habit Tracking/Changing <u>1:00-2:00</u> Art Class <u>2:30-3:30</u>	<u>27</u> Advanced Computer <u>10:00-11:00</u> Stress Management <u>1:00-2:00</u> Self-Esteem <u>2:30-3:30</u>	<u>28</u> GED <u>10:00-11:00</u> Yoga <u>11:00-12:00</u> NOW SERVING LUNCH Agape Caring & Sharing <u>1:15 – 2:15</u> Art Class <u>2:45 – 3:45</u>	<u>29</u> Birthday Party & Pictionary  <u>1:00-4:00</u>	<u>30</u> Higher Emotions <u>10:00-11:00</u> West Gate Mall \$\$ Eat & Shop \$\$ <u>12:00-4:00</u>