







**July 2025 Calendar**  
**Telegroup Phone Number: 1-(720)-740-9050**

**\$\$ - Bring money for Social Outings, Red Groups can be done over the phone.**

<b>MON</b> 9:30 – 4:30	<b>TUE</b> 9:30-4:30	<b>WED</b> 9:30 – 4:30	<b>THU</b> 1:00-4:00	<b>FRI</b> 9:30 – 4:30
	<u>1</u> Advanced Computer <u>10:00-11:00</u> Mental Health Ball Toss <u>1:00-2:00</u> Mindful Self Compassion <u>2:30-3:30</u>	<u>2</u> Claude Fortenberry Memorial <u>10:00-11:00</u> Chair Zumba <u>11:00-12:00</u> <b>NOW SERVING LUNCH</b> Agape Caring & Sharing <u>1:15 – 2:15</u> Art Class <u>2:45 – 3:45</u>	<u>3</u>  <b>Center Closed</b>	<u>4</u> <b>Center Closed</b> 
<u>7</u> Beginner's Computer Class <u>10:00-11:00</u> Recipe Making <u>1:00-2:00</u> Art Class <u>2:30-3:30</u>	<u>8</u> Advanced Computer <u>10:00-11:00</u> Mental Health Wheel of Fortune <u>1:00-2:00</u> Movie Analysis <u>2:30-3:30</u>	<u>9</u> Consumer Programming <u>10:00-11:00</u> Yoga <u>11:00-12:00</u> <b>NOW SERVING LUNCH</b> Agape Caring & Sharing <u>1:15 – 2:15</u> Art Class <u>2:45 – 3:45</u>	<u>10</u>  <b>Center Closed</b>	<u>11</u> Family Feud <u>10:00-11:00</u>  Thompson Park Pool Outing <u>12:00-3:00</u>
<u>14</u> Beginner's Computer Class <u>10:00-11:00</u> Cooking Class <u>1:00-2:00</u> Art Class <u>2:30-3:30</u>	<u>15</u> Advanced Computer <u>10:00-11:00</u> Music Analysis <u>1:00-2:00</u> Two Truths and a Lie <u>2:30-3:30</u>	<u>16</u> Friendly Concerns <u>10:00-11:00</u> Yoga <u>11:00-12:00</u> <b>NOW SERVING LUNCH</b> Agape Caring & Sharing <u>1:15 – 2:15</u> Art Class <u>2:45 – 3:45</u>	<u>17</u>  <b>Center Closed</b>	<u>18</u> How Heat Can Affect Our Meds <u>10:00-11:00</u>  Burgers and Bowling <u>1:00 – 4:00</u>
<u>21</u> Beginner's Computer Class <u>10:00-11:00</u> Telephone Game <u>1:00-2:00</u> Art Class <u>2:30-3:30</u>	<u>22</u> Advanced Computer <u>10:00-11:00</u> Meditation Analysis <u>1:00-2:00</u>  Board Meeting <u>2:30-3:30</u>	<u>23</u> GED <u>10:00-11:00</u> Yoga <u>11:00-12:00</u> <b>NOW SERVING LUNCH</b> Agape Caring & Sharing <u>1:15 – 2:15</u> Art Class <u>2:45 – 3:45</u>	<u>24</u>  <b>Center Closed</b>	<u>25</u> <b>Center Closed</b> 
<u>28</u> Newsletter Assembly <u>10:00-11:00</u> Emotional Regulation <u>1:00-2:00</u> Art Class <u>2:30-3:30</u>	<u>29</u> Advanced Computer <u>10:00-11:00</u> Letter to Your Inner Child <u>1:00-2:00</u> Healing Can Be Messy <u>2:30-3:30</u>	<u>30</u> GED <u>10:00-11:00</u> Yoga <u>11:00-12:00</u> <b>NOW SERVING LUNCH</b> Agape Caring & Sharing <u>1:15 – 2:15</u> Art Class <u>2:45 – 3:45</u>	<u>31</u> Karaoke Birthday Celebration  <u>1:00-4:00</u>	